

Triple Threat Triumph
A Christian Based AAU/Travel Basketball Program
"The Way the Game Was Meant to be Played"

Spring 2018 Parent Handbook

What is Triple Threat Basketball?

3T is a Christian based travel or "AAU" program where players can learn how to play for God, the One who gives them their skills and talents. Triple Threat's prayer is to make an impact in the lives of each and every player, parent, opponent, referee, fan, etc. they come in contact with for the glory of God. 3T Basketball is a place where we will put God first, others second and ourselves last. It is a place where families will cheer for each other's players, and not just their own. It is a place where we realize basketball is not life, Jesus is life! As Jesus says in John 10:10, "I have come that they may have life, and have it to the full."

Where does the name "Triple Threat Triumph" come from?

The name "Triple Threat" is a basketball term where a player is in a stance to either pass, dribble or shoot on offense. The player in this position is ready to dominate their opponent. In life, we want to be a "triple threat" in the areas of loving God, neighbor and ourselves, based on Jesus' words in Mark 12:30-31.

Triumph is based off of two verses: "Now **thanks be** to God who always leads us in **triumph** in Christ, and **through us** diffuses the **fragrance** of His knowledge in every place." 2 Corinthians 2:14. Also from 1 Corinthians 15:57, "But **thanks be** to God, who gives us the victory through our Lord Jesus Christ." My prayer is that we would be **thankful** to God for 3T, our teammates, coaches, parents, etc. but more importantly the **triumph** we have over sin and death due to Jesus' victory at the cross. And that through basketball we can be the **fragrance** of Christ to others we come in contact with on and off the court.

What Makes Triple Threat Unique?

- Christian based organization
- Christian coaches with a Biblically based perspective on the purpose of athletics
- Family orientated – on and off the court
- High skill development
- Speed and Agility Training at every practice
- Minimal travel – focusing on games in the Triangle area, one overnight trip
Note: Elite team will have more travel – see below for more detail)
- Low cost – Reducing travel reduces hotel, meal and gas costs

Who Can Participate?

- BOYS: Grades 2nd through 11th
- GIRLS: currently we have teams that are 5th-8th. We will add more as we have coaches.

Spring Season Dates:

- **Mid-February through May**
- First Tournament: Early March

Summer Season for Mid June – Mid August:

- NEW for Summer 2018 – .
- Based on coach availability. Tryouts mid May
- great time to play when there is no school!

Fall Season for Mid August – End of October:

- FALL 2018 – A Fall season from August through October.
- Helps you prepare for your school tryouts in November.
- Allows Spring baseball and lacrosse players to play basketball in the Fall

Practice Details:

- **Two practices / week**
- Times and locations are decided on by the coach of that team. Practice sites include:
- NRCA, Celebration Church, Pro 3:5, Salvation Army, Trinity Academy, Southeastern Seminary in Wake Forest, and other gyms as we secure sites.
- **** If you know of a practice facility other than the ones listed, please contact Eddie*
- We use Academy Style Training
 - Maximizes practice time
 - Allows maximum playing time
 - Allows multi-sport athletes to participate

Tournaments:

- 2nd-5th grade – minimum of 5, max of 8
- 6th-12th grade - minimum of 8, max depends on coach and families.
- Emphasis is on staying local. One overnight tournament. Goal is local and low cost.

Tryouts:

- **SPRING SEASON:**
 - Initial tryouts for Spring Season (Mid Feb-May) are in **October of the previous year**
 - There will be a second round of tryouts again in February to form new teams and see if any teams need additional spots filled

Cost:

- **NEW PLAYERS: \$700***
- **RETURNING PLAYER: \$625***
 - * If you break down the cost for practice hours (which is 80 hours over the 5 months) it is less than \$7 an hour. When you add in game time your child's time with a coach learning the game will be around \$5-\$6 an hour.
 - * Annual dues cover 3T administration, web site, equipment, AAU players insurance, game jersey/shorts, gym fees, and coaches fees(\$15 a month per player). 10% of this goes to 3T Outreach (see below)
 - * Returning players receive a discount because they have already paid for their game uniform
- If a team goes through July we will collect an additional fee for the extra time
- Players must also purchase their practice gear, shooting shirt and the team bag from the online team store (we will send you a link). These items will be around \$125. Practice gear can be used for multiple years until it is outgrown.
- If you have a second child in 3T you will have a \$50 discount for the second child.
- Parents and fans also have the option of purchasing fan gear (shirts/hoodies) from the online store.

Payment Schedule:

- Half of the team fees are due *immediately after* you make the team.
- **The remaining balance will be due April 1 (no joke!).**
- **Refund Policy:**

If your player needs to drop out of 3T mid-season, you are eligible for a partial refund. Here is the refund policy if paid in full after February 1st. Half of this if not paid in full:

- \$200 back after March 1, ○ \$100 back after April 1, ○ \$0 back after May 1.

Player/Parent Expectations:

Players and parents that agree to be a part of 3T are expected to support their teammates, coaches, and fellow parents. **In Triple Threat no coach, player or parent will talk negatively about another coach, player or parent.** 3T may not be the program for you if you don't like this expectation. There are plenty of AAU programs out there that you can try out for.

Additional Training Opportunities:

Triple Threat Year has additional year round professional skills training, camps, clinics, 3-on-3 tournaments, etc.

- Professional Training
 - Offensive moves – Coach Mike Manning and Coach Leonard Harper
 - Shooting – Coach Eddie Rogosich
 - Speed and agility – Coach Donnie Jackson of www.fullyarmored.net

3T Outreach:

One of the main goals of 3T to convey to the players that as you are a Triple Threat on the court, it is more important to be a “Triple Threat” in life. Meaning, to use your gifts and talents for God. 3T will take at least 10% of their funds from the annual fee to impact three areas to serve others. These are:

1. Gospel Mission – Sharing Jesus to those that have not heard.
2. Food/Water – providing practical needs
3. Orphans/Pro-Life – funding ministries that are for children, those that cannot speak up for themselves.

This season we are supporting Compassion International. www.compassion.com

Questions you may have:

How competitive or non-competitive will this team be?

This is not a rec. team or a typical church league team. This is a competitive travel team. The team will be as competitive as the players’ skill level on that team. The goal is to play high-level competition. We expect that the players will work on their skill away from practice and in the off-season.

What if my child has never played AAU basketball?

No problem. As long as they are willing to improve and give their best they can tryout for the team.

Will there be equal playing time?

No. Some may not play more than a few minutes, some may not get in at all for some games, depending on their skill level, opponent, score of the game, etc. Playing time is based on the coach’s discretion. Typically all players will play at some point in a weekend tournament. But, there are specific games and situations where some players may not play as much as others. Your focus needs to be on your child’s improvement in the season as a whole, not a one game playing time quantity.

How can my child improve if they are not in the game?

Improvement comes in practice and working on your game at home. Think of it as a theatrical play. Not all actors are the main role. Some have no speaking parts at all. Or take a musical recital as another example. If you want to perform the hard songs, you have to practice with the music teacher in addition to your practice at home. The best musicians are the ones that practice all the time. The reality is your child may be practicing, but so is another parents child. So playing time is coach’s discretion only.

Is 3T associated with a school or church?

No, it is open to all students from all schools in the area.

Do you have to be a Christian to be in 3T?

You do not. As long as you and your child are comfortable with team devotions, prayer, etc. we welcome you. We hope you want to be a part of 3T no matter where you are in your beliefs. But know it is our prayer and intention that you come to know Jesus as your Lord and Savior if that is not true of you today. We look forward to showing and sharing God's love with you.

How many players will be on a team?

With academy style the goal is 8-9. This allows for maximum opportunity for playing time. There are exceptions based on team needs and coaches discretion.

Will there be fundraisers:

Fundraisers can be very beneficial in lowering costs. They are also great team bonding events. These are not mandatory, but decided on by the team.

Have More Questions????:

Please direct all questions to your head coach. If he cannot help you please do not hesitate to contact Eddie at triplethreattriumph@gmail.com.

Triple Threat Basketball

Basketball Principles of 3T

Teaching the offensive basketball fundamentals of...

1. Shooting – proper form, not just shooting drills to shoot
2. Ball Handling (incl. dribbling, catching, passing, and decision making)
3. Moving without the ball – cutting and screening

Teaching the defensive fundamentals of...

1. On the ball defense
2. Off the ball defense
3. Help side defense

Teaching the “Transition” fundamentals of...

1. Rebounding
2. Fast Break O, including breaking a press
3. Fast Break D, including a press

Triple Threat Basketball

On and Off the Court Characteristics of 3T

I. Develop God honoring programs that revolves around loving God, your Neighbor and Yourself based on Deut. 6:5, Matthew 22, Mark 12, Luke 10. The programs will focus on serving the players and parents where they are at, and challenging them to go to the next step.

1. Step 1 – Salvation - Come to Know God through Jesus Christ
2. Step 2 – Discipleship - Grow as a Christian.
3. Step 3 – Evangelism - Make disciples of others, share your faith on and off the court in words and actions. In how you play, in how you treat the opponents, fans and officials, etc.

On the court 3T is committed to help you develop in three key areas offense, defensive and transition basketball.

The Triple Threat Basketball Story... (the short version!)

In 2003 while on a mission trip in Australia, God gave me a vision for a sports ministry called Triple Threat. Over the years I have been waiting for His timing. After going to numerous travel basketball tournaments in the summer of 2013 something unexpected happened. As I went to these games I had the same feeling of past mission trips to countries where there was idol worship such as Hinduism and Buddhism, etc.

It was easy to recognize the false gods in these countries. In these gyms I saw the false god of basketball, and the worship of self as these players were playing for their own glory. Parents were cheering them on for the glory and hope of a future college scholarship.

God put a desire in my heart to start a travel basketball team where He was put first and only. In this same summer I received an email from a parent asking me what I thought about the idea of a Christian based travel basketball team. This person had no idea about Triple Threat as not even my wonderful wife Alli knew I was praying about this over the summer. Another parent at a basketball camp I was doing asked me if I knew of any Christian Based AAU teams. Another friend called me to talk about this similar concept. I was at an AAU tournament in Kansas City and saw a Christian based travel team. I think you get the picture, God was bringing people to confirm this needed to happen.

The most recent encouraging confirmations have been as I have talked to people about this idea since December. The word has been getting out and numerous people are excited about this idea. We look forward to how God will write the rest of the story... as Triple Threat is His Team!

About Coach Rogosich:

Eddie Rogosich was born in Chicago, IL. A lifetime Bulls fan even before Jordan! His family moved to Raleigh, NC in 1979. He was cut from his MS team in 7th grade and sat the bench as an 8th grader. Talked into trying out for his high school team he made the team and became determined to get better. He ended up having a very enjoyable high school playing experience all four years at CGHS. While in college at NCSU, he thought he wanted to get into coaching, so he was an assistant at CGHS. While at NCSU, and seeking God for the first time in his life, he attended FCA, where he heard the Gospel and became a follower of Christ during his sophomore year. He then attended UNC where he received a BA in Physical Education, being named the P.E. Major of the Year as well one of the winners of the Dean E. Smith Educational Scholarship Award.

Through the years he has coached teams from Kindergarten to Varsity High School. Assistant stints at CGHS, Durham Hillside, Bunn, Millbrook as well as varsity head at St. David's and now North Raleigh Christian Academy.

Eddie has been married to his beautiful wife Alli since 1999. They have two wonderful boys, Joshua and Asa who love to play sports, camp and go to NASCAR races.

Alli and Eddie traveled the world sharing the Gospel of Jesus for four years with Youth With A Mission (YWAM). Eddie's additional basketball experience consists of four years with NetWorks Basketball. Since 1993 he has led numerous summer basketball camps for churches and schools in 15 states and 9 countries.

Disclaimer Version 3.0:

Over the years this has been our “gatekeeper” which has allowed 3T to be one of the most enjoyable youth sports organizations. Please excuse our directness, but we are having too much fun to allow some to ruin our fun. (Camp rule #3 is “Don’t mess with other people’s fun!”) If you are looking for a place where your child is the center of attention, or where you are the center of attention, a place where your child will not pass the ball to others, a place where your child complains to the referee, taunts other players, does not hustle, or where you complain about your child’s playing time to the coach, a place where you try to “smooze” a coach so he will play your child more, a place where you complain about the coach or other players to the other parents, a place where you or your son blames the coach for their lack of playing time instead of working to get better, then Triple Threat is not for you. Join us in the fun we are having. It is great to cheer for other players and not just your own child. We do not allow “helicopter parents”, “lawnmower parents” or “4 around 1 parents”. We do realize you mean well and you probably don’t realize you act this way. We do love you and your child, but we love the team more. We understand you love your child more than the team.

This is your first reminder. If you act this way we will remind you to reread this and re-watch the videos on the 3T web site. If you act out again you will be given a refund based on our refund policy.

We can find another AAU program for you. There are plenty out there that have players and parents that act like this. We may go 20-0 or 0-20 and we will not act differently or think more highly or less of ourselves.

We will act as Christ would have us act.

Enjoy your season and your child’s development and watch all the great things that come out of it.